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Professional Summary

PROFILE: Looking for remote weekend work as an RN. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals. Talented Registered Nurse bringing 10 years of experience in hands-on care of acute and chronic patients. Hands-on experience in education-focused roles. Well-versed in instructional strategies, clinical software and client satisfaction.

Skills

- Medical/surgical nursing
- Care Coordination
- Preventive Healthcare
- Clear Patient Communication
- Critical Thinking

- Creative Problem Solving
- Compassionate and Caring
- Clinical instruction
- Student Precepting
- Course content development

Work History

Assistant Professor of Nursing, 08/2018 to Current

Northwest Nazarene University – Nampa, Idaho

- Teach students in classroom, clinical, and online evaluation of learning in assigned courses.
- Serve as academic advisor, mentor, and advocate for students in program.
- Participate in departmental, college and university meeting, committees, and events.
- Apply student feedback to improve courses for student outcomes and satisfaction.
- Manage group of students with appropriate communication and coordination of faculty.
- NSNA faculty advisor.
- Supported student educational and vocational planning to help each optimize learning strategies and reap long-term career benefits.
- Contributed educational and clinical expertise to help optimize training courses and boost student learning.
- Oversaw laboratory and clinical environments to help students advance knowledge and abilities.
- Strived to continuously update course strategies and content based on current trends and technological advancements in healthcare.
- Coached underperforming students to help meet clinical objectives
- Prepared course materials such as syllabi, homework assignments and handouts for distribution or use within classroom.

Hospice RNCM, 03/2016 to 12/2019

Signature Hospice – Nampa, Idaho

- Managed caseload for 15-20 at-home terminally ill patients.
- Follow plans of care to provide clients with highest level of comfort and quality of life.

- Educate patients, families and caregivers on medical choices and methodologies.
- Assess patients twice weekly to identify necessary plan revisions.
- Present evidence and seek interdisciplinary expertise to coordinate optimal care.
- Gather information on patient and family psychological, social, and spiritual dynamics and incorporate findings into care plans.
- Participate in weekly meetings with social workers, ministers, and physicians to adjust care plans and for mutual accountability.
- Participate in on-call rotation to ensure constant care for all patients.
- Developed and implemented individualized care plan for each hospice patient while following physician instructions.
- Taught family members and caregivers various ways to manage patients' pain, how to check for vital signs and proper methods for dressing changes.
- Established and maintained successful relationships with patients, families and physicians by utilizing exemplary communication and active listening skills.
- Provided high level of quality, compassionate care to patients and caregivers during each nursing shift.
- Recognized and understood specific stages of dying process, providing comfort-based care during vulnerable times.
- Established hospice care services for elderly and disabled patients.
- Offered listening ear to both patients and loved ones to meet emotional and mental, as well as physical needs.
- Observed and documented patient factors such as diets, physical activity levels and behaviors to understand conditions and effectively modify treatment plans.
- Advocated for and strived to protect health, safety and rights of patient.
- Educated family members and caregivers on patient care instructions.
- Explained course of care and medication side effects to patients and caregivers in easy-to-understand terms.

NNU Adjunct Nursing instructor, 08/2016 to 08/2018

Northwest Nazarene University – Nampa, Idaho

- Provides quality instruction to 6-10 nursing students through skills lab and clinical rotation.
- Teach material from approved curriculum, introduce evidence-based practices in clinical environment to develop sound nursing skills.
- Primary focus is Medical, Surgical and Telemetry.
- Manage group of students with appropriate communication and coordination of faculty with timely feedback to support school retention.
- Monitored progress of each student and provided formal evaluation upon completion of clinical placements.
- Contributed educational and clinical expertise to help optimize training courses and boost student learning.
- Coached underperforming students to help meet clinical objectives
- Identified and assigned appropriate activities and projects to enhance student learning.

MED/SURG Staff Nurse, 06/2011 to 08/2016 St. Luke's – Meridian, Idaho

- Provided quality care to variety of patients with multiple diagnoses such as cardiac, pulmonary, diabetes, surgical, telemetry, behavior health, substance abuse, neurological, renal failure, cancer, and hospice.
- Consistently managed multiple tasks without degradation of patient care with average patient ratio of 1:6 on 42-bed unit.
- Identified patient needs and priorities for care through assessment planning, intervention, and evaluation.
- Coordinated care between other professional disciplines as needed.
- Proficient in medication administration, blood administration, infection control practices, central line blood draws, pain management, supportive care of dying patient and their family members, IV administration, wound care, peripheral IV starts, lab draws, and bladder scans.
- Pain Resource Nurse to help with pain management on unit.
- Primary new employee preceptor and mentor to new nurses.
- Intermittently worked as admit, discharge, resource nurse.
- Floated to telemetry floor and surgical floor when needed to support staffing needs.
- Educated patients and families on illnesses, medications and treatment plans.
- Managed patients' pain by implementing pharmacological and non-pharmacological pain management interventions.
- Assessed team members' workloads and pitched in to help in areas where need was most evident.
- Accurately documented treatment, medications and IVs administered, discharge instructions and follow-up care.
- Adhered to strict safety measures by carefully determining proper dosages before administering medications.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities.

MED/SURG Staff Nurse, 09/2009 to 05/2011

Robert J. Dole VA Hospital – Wichita, Kansas

- Provided quality care to variety of patients with multiple diagnoses such as cardiac, pulmonary, diabetes, surgical, telemetry, behavior health, orthopedic, substance abuse, neurological, renal failure, cancer, and hospice,.
- Consistently managed multiple tasks without degradation of patient care on 28-bed unit with average ratio of 1:6.
- Served as relief charge nurse.
- Identified patient needs and priorities for care through assessment planning, intervention, and evaluation.
- Coordinated care between other professional disciplines as needed.
- Proficient in medication administration, blood administration, infection control practices, central line blood draws, pain management, supportive care of dying patient and their family members, IV administration, wound care, peripheral IV starts, lab draws, EKG, and bladder scans.
- Precepted new hired RNs.
- Promoted teamwork between LPNs and RNs to promote unity on unit.
- Floated to telemetry floor when needed to support staffing needs.
- Educated patients and families on illnesses, medications and treatment plans.

- Collaborated with members of patients' healthcare team to deliver appropriate level of care.
- Educated patients and families on medical-surgical procedures, therapeutic regimens and pain management techniques.
- Assessed team members' workloads and pitched in to help in areas where need was most evident.
- Accurately documented treatment, medications and IVs administered, discharge instructions and follow-up care.
- Led teams in driving successful patient outcomes by prioritizing standard of care and best practices.
- Adhered to strict safety measures by carefully determining proper dosages before administering medications.
- Offered exceptional care and support to individuals recovering from acute incidents and dealing with chronic conditions.
- Collaborated with leadership to devise initiatives for improving nursing satisfaction, retention and morale.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities.
- Administered different therapies and medications in line with physician orders and treatment plan.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Used first-hand knowledge and clinical expertise to advocate for patients under care and enacted prescribed treatment strategies.
- Educated family members and caregivers on patient care instructions.

Education

Master of Science: Nursing Education, 05/2018 Western Governor's University Received an excellence in writing award

Bachelor of Science: Nursing, 05/2009 Wichita State University - Wichita, KS Graduated magna cum laude Accelerated BSN Program Sigma Theta Tau Honor Society of Nursing

Associate of Science: Pre Nursing, 05/2006 **Yuba College -** Marysville, CA

Accomplishments

- Achieved improved student skills outcomes by introducing Lippincott CoursePoint and DocuCare for sophomore level courses in the BSN Program.
- Used Microsoft Excel to develop inventory tracking spreadsheets.

Affiliations

• Board member of Sigma Theta Tau Honor Society of Nursing Mu Gamma Chapter

- American Nurses Association (ANA) Member
- Idaho American Nurses Association

Additional Information

Idaho Board of Nursing Registered Nursing License, Active

Health Care CPR Certification, Active

Chair of the Admission Committee for the NNU College of Nursing BSN program Lead Faculty for Sophomore Level BSN program

Lead Faculty in Accreditation Topic 3 for NNU College of Nursing BSN program

Faculty Development Committee member

FNP program Scholarship Committee member

Presented Poster presentation at 2020 Idaho LEAP conference

Faculty advisor for the Student Nursing Association at NNU

Volunteer as Soccer Camp Nurse at Lakeview Bible Church Summer 2021