

# Elizabeth A. List, PsyD

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Psychologist ID License: PSY-202790

## Education:

- 1998–2003      Psy.D. Clinical Psychology with an Emphasis in Family Systems  
Department of Graduate Psychology (APA Accredited)  
Azusa Pacific University, Azusa, California  
Suma Cum Laude  
Dissertation Title: *A Critical Analysis Of "Missionary Kid"*  
*Literature: Past, Present, and Future Implications*
- 1997–1999      MA Clinical Psychology  
Azusa Pacific University, Azusa, California  
Suma Cum Laude
- 1992–1996      BA Psychology  
Azusa Pacific University, Azusa, California  
Summa Cum Laude

## Current Professional Experience:

- 2013 – Present      Associate Faculty, Chair Undergraduate and Graduate Psychology  
*Dept. of Psychology*  
*Northwest Nazarene University,*  
*623 S. University Blvd., Nampa, ID,*  
Responsibilities include teaching psychology classes (on-ground and online) and advising and supervising practicum students. Supervise and manage department faculty and curriculum. Currently writing and directing new PsyD program, hiring faculty, and preparing program for APA accreditation. Current research and teaching focus is on teaching diversity in higher education and equity and inclusion in the therapeutic setting, as well as mitigating covid and mental health issues in higher education.
- 2009 – 2013      Psychology Chair, Director of Masters of Arts in Counseling  
Assistant Faculty  
Multnomah University  
8435 NE Glisan St., Portland, OR  
Responsibilities include teaching and administrative duties for both undergraduate and graduate programs, Directed MA in Counseling Program and day-to-day operations (a program which I developed from

scratch), curriculum, budget, and staff; supervising faculty of MA in Counseling program and psychology undergraduate, was also in charge of the budget and the curriculum in the psychology undergraduate.

- 2006 – 2013 Elizabeth List, PsyD, PLLC. WA License #PY00003396, OR License #1981  
Clinical Psychologist, Private Practice  
2904 Main Street, Vancouver, WA  
Responsibilities include Psychological, Intellectual, and achievement assessments for adults and children, and Individual and family therapy.
- 2007 – 2009 Director of Curriculum and Faculty Development  
Assistant Faculty  
Warner Pacific College Adult Degree Program  
2600 SE 98<sup>th</sup> St., Portland, OR  
Responsibilities include managing, evaluating, and training over 100 adjunct faculty who teach in six different academic degrees in the adult degree program, developing, writing, and updating curricula for new and current programs, and managing the day-to-day operations of the adult degree program and its three satellite campuses.
- 2005 – 2009 Adjunct Professor of Psychology  
Warner Pacific College – Portland, Oregon  
Responsibilities include: Teaching human growth and development classes, counseling classes, and human sexuality classes.

## **Additional Teaching Experience**

- Fall 2006 Adjunct Professor of Psychology (Graduate)  
Western Seminary – Portland, Oregon  
Dr. Dave Wenzel, supervisor.
- 2003 – 2004 Adjunct Professor of Psychology (Graduate)  
Azusa Pacific University – Azusa, California  
Stephanie Miyake, supervisor.
- 2000 – 2001 Adjunct Professor of Psychology (Undergraduate)  
Azusa Pacific University – Azusa, California  
Dr. Brian Eck, supervisor.

## **Selected Classes Taught**

- Learning Theory (undergraduate)
- Human Sexuality (undergraduate and graduate)
- Counseling Theory (undergraduate and graduate)
- Lifespan Development (undergraduate and graduate)
- Foundations of Human Development (undergraduate)
- Introduction to Psychology (undergraduate)
- Human Diversity (undergraduate and graduate)
- Parenting through the Lifecycle (undergraduate)
- Introduction to Clinical Practice (undergraduate and graduate)
- Advanced Clinical Skills (graduate)
- Ethical Foundations of Psychotherapy (graduate)
- Human Growth and Development (undergraduate and graduate)
- Tests and Appraisal in Counseling (graduate)
- History and Systems of Psychology (undergraduate and graduate)
- Psychology and Faith Integration (undergraduate)
- Clinical Practicum (graduate)
- Abnormal Psychology (graduate and undergraduate)

## **Supervised Clinical Experience:**

2004 – 2005

Clinical Psychologist, Day Treatment Program

La Puente Valley Mental Health Center, La Puente, CA

Supervisors: Lillian Morales, LCSW, Mark Wrathall, PsyD

Responsibilities include individual and group therapy with adults with severe psychological disorders, developing and coordinating treatment for clients in a team format, overseeing therapeutic goals for day treatment clients, managing and supervising day treatment staff, and authorizing and maintaining authorization for day treatment clients through the Los Angeles County department of mental health.

2002 – 2003

Psychology Intern

San Bernardino County Department of Behavioral Health

San Bernardino, California (APA Accredited)

Supervisors: Christopher Ebbe, Ph.D., Eugene Carlson, PhD  
and Lisa Shelton, PhD

Responsibilities include individual and group therapy with adults and children with severe psychological disorders, conducting psychological batteries, supervising masters-level students, and

participating in day treatment services.

- 2001 – 2002 Clerk, The Sycamores  
Pasadena, California  
Supervisor: Rose Orozco, PhD  
Responsibilities include selecting, implementing, and writing up test batteries for at-risk children at a level 14 facility, including psychological, cognitive, achievement, and neurological testing.
- 1999 – 2000 Clinician, I-CAN  
Pasadena, California  
Supervisor: Esther Coleman; PhD, RN  
Responsibilities included group and individual therapy of adult clients with schizophrenia and other severe psychological disorders.
- 1999 Clinical Practicum Client, APU  
Azusa, California  
Supervisor: Sheryn Scott, PhD and Jeff Kelley  
Responsibilities included conducting therapy with an undergraduate student as required for Clinical Practicum class.
- 1998 Outreach Concern, Blessed Sacrament Elementary School  
Westminster, California  
Supervisor: Richard Capaldi, Ph.D.  
Responsibilities included being a Child therapist for the elementary school for the spring semester.

### **Additional Clinical Experience:**

- 2001-2002 Foster Social Worker  
Crittenton Children's Services, Fullerton, California  
Responsible for overseeing caseload of foster children in foster homes, reporting case progress notes, and supervising visitation of biological parents.

## Selected Publications and Presentations

- List, E. A. & Bridgmon, K. D. (Summer, 2023). *Navigating your department post-Pandemic with creative wellness*. The Department Chair, Wiley Periodicals, Vol. 34, Issue 1.
- List, E. A. & Bridgmon, K. D. (Feb. 2023). *Navigating Your Department Post-Pandemic With Creative Wellness*. Symposium. Academic Chairpersons Conference, New Orleans, LA.
- Hunter, A. & List, E. (2022). *Mindfulness and stress mitigation*. Poster Presentation for Rocky Mountain Psychological Association Conference. Salt Lake City, Utah.
- Bridgmon, K., Alexander, A., & List, E. (2020). *I'm a Chair, but I Feel Like a Therapist*, Academic Chairpersons Conference Proceedings.  
<https://newprairiepress.org/accp/2020/colleagues/3>
- List, E. A., Alexander, A., & Bridgmon, K. (2019). *I'm a chair, but I feel like a therapist*. Symposium. Academic Chairpersons Conference, Savannah, GA.
- Bridgmon, K., List, E., & Romero, J. (2019). *Effective goal setting in counseling*. In R. L. Miller (Ed.) *Teaching Tips: A Compendium of Conference Presentations on Teaching, 2018-2019*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>
- List, E. A., & Hagan, L. (2019, Winter). *Preconvention service project: Engaging effectively at RMPA*. Eye on Psi Chi. <https://doi.org/10.24839/2164-9812.Eye24.2.44>
- List, E. A., & Bridgmon, K.D., (Oct. 2018). *Effective strategies for teaching diversity*. Symposium. Society for the Teaching of Psychology Annual Conference: Phoenix, AZ.
- Bridgmon, K.D., & List, E. A., (Oct. 2018). *Teaching self-compassion to compassionate educators*. Poster Presentation. Society for the Teaching of Psychology Annual Conference. Phoenix, AZ.
- Bridgmon K., List, E. & Knabe, R. (2018) *Self-Care for students: Helping us find balance*. Oral symposium and workshop, Rocky Mountain Psychological Association Conference. Denver, CO.
- List, E. A. (2017) *Walking in their shoes: An outcomes assessment of an undergraduate course in human diversity*. Poster Presentation for Society for the Teaching of Psychology Conference: Austin, Texas.
- Bridgmon, K.D., & List, E. A. (2017). *Accurate empathy using stereotyping labels classroom activity*. Breakout session presentation, Society for the Teaching of Psychology Conference: Austin, Texas.

- List, E. A. (2016, Fall). Psi Chi pre-convention activity: An exercise in service. *Eye on Psi Chi*.  
<https://www.psichi.org/page/211EyeFall16gList#.V9BYYpMrKAw>
- List, E. A. (2013). *Psychological implications of MK life: A review of the literature and suggestions for healthy spiritual and emotional development*. Paper presentation for Evangelical Missionary Society. Portland, OR.
- List, E. (2010, Winter). Review of the book *A peaceable psychology: Christian therapy in a world of many cultures*, by A. Dueck & K. Reimer. *Cultural Encounters*, 119-121.
- List, E., Scott, S. (June 2001). *Clinical observation of the MK throughout the life span: Description, literature review, diagnosis, and treatment implications*. Paper presented at CAPS West Convention, San Diego, California.
- List, E., Miller, S., & Stout, D. (April 2000). *Analysis, diagnosis, and treatment of Armenian clients*. Paper presented at SAMMH Convention, Azusa, California.

## Other Research Experience

- 2015 – present    Research Publication Reviewer for the Journal of Psychology and Theology  
 Review articles for publication for the journal on a regular basis.  
 David Wang, PhD, Associate Editor of Journal of Psychology and Theology
- 2002 – 2003    Intern Research Project (published by San Bernardino County)  
 San Bernardino County Department of Behavioral Health  
 San Bernardino, California  
 Topic: *An exploration of recidivism among the Latino population in a county therapeutic setting.*
- 2000 – 2001    Doctoral Dissertation, Graduate Psychology Department  
 Azusa Pacific University, Azusa, California  
 Title: *A Critical Analysis Of "Missionary Kid" Literature: Past, Present, and Future Implications.*  
 Topic: A review of the literature regarding the psychological impact of missionary life on missionary children.  
 Chair: Sheryn Scott, PhD  
 Committee: Grace Barnes, PhD and George Larsen, EdD

1999 – 2000      Research Assistant  
Graduate Psychology Department, Azusa Pacific University  
Azusa, California

Topic: Program evaluation of a graduate-level cultural awareness class.  
Responsibilities included collecting and analyzing questionnaire data and collecting articles for the research review.

## **Professional Affiliations**

2022 – present      Diversity, Equity, and Inclusion Chair (Elected for 2-year term),  
Rocky Mountain Psychological Association

2021 – present      Continuing Education Committee member, Idaho Psychological  
Association

2021 – present      Equity, Diversity, and Inclusion Task Force Member, Idaho  
Psychological Association

2021 – present      Member of American Psychological Association

2017 – present      Member of Society of the Teaching of Psychology (subgroup of  
APA)

2017 – present      Member of IPA (Idaho Psychological Association)

2013 – present      Member of Psi Chi (International Honor Society in Psychology)

## **Honors, Awards, and Selected Training**

May 2019      Tenure, Northwest Nazarene University – Nampa, Idaho

Dec. 2019      Completed LEAP Leadership Development Training  
Northwest Nazarene University– Nampa, Idaho

9/2018-5/2019      Leadership Workshop Cohort 2  
Northwest Nazarene University – Nampa, Idaho

May 2003      Outstanding Clinical Competency Award, presented by the Department  
of Graduate Psychology, Azusa Pacific University

May 2003      Special Recognition Award for Outstanding Contribution to the  
Department of Graduate Psychology, presented by the Department of  
Graduate Psychology, Azusa Pacific University

- 2000 – 2002 Student Representative, APA Accreditation Committee  
Azusa Pacific University – Azusa, California
- 2001 – 2002 President, Graduate Psychology Student Union  
Azusa Pacific University – Azusa, California
- 2000 – 2001 Vice President, Graduate Psychology Student Union  
Azusa Pacific University – Azusa, California
- 1999 – 2000 Student Representative, Graduate Psychology Student  
Azusa Pacific University – Azusa, California

**References available upon request.**