

Department of Counselor Education Annual Report for CACREP Accredited Programs

2024-2025

The Counselor Education graduate program began as a school counseling program in 1992 administered through the Northwest Nazarene College Department of Education. In 1999, with two full-time faculty members and adjunct faculty, the department's accreditation process began with the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). In 2001 the department developed the curriculum, syllabi and budget for two new majors: Community Counseling and Marriage and Family Counseling. The NNU Graduate Council approved both new programs, and students entered the programs in 2001-2002. Full accreditation was received in 2005. Since 2005 rapid growth in student numbers has resulted in an increase in core faculty to six full-time faculty members. Full accreditation of three current tracks, Clinical Mental Health Counseling; Marriage, Couple, and Family Counseling; and School Counseling was re-established in 2017. Over the past decade, the Counselor Education Department at Northwest Nazarene might be described as a growing department with a commitment to innovation in program development and professional involvement.

Faculty 2024-2025

Rick Boyes, PhD

Clinical Mental Health Counseling Trauma, Grief, and Crisis Emphasis

Jeff Edmiston, PhD

Acceptance and Mindfulness Informed Therapies Emphasis Primary Care Behavioral Health Emphasis

Lori Fairgrieve, PhD

Department Chair School Counseling Play Therapy Emphasis

Beronica Salazar, PhD

Marriage, Couple, and Family Counseling Addictions Emphasis

Chandra Salisbury, MS

Clinical Site Director

Bethany Townsend, PhD CACREP Liaison

Approach to Outcome Assessment in the Core: Butterfly Model and Themes

University Values are used as the basis for the measurement of student learning outcomes for regional accreditation purposes. The four university values, which are used for the measurement of student learning outcomes, are as follows:

<u>Transformation</u> — We believe education fosters transformation. NNU engages and affects all domains of life—intellectual, social, physical and spiritual—thereby advancing the transformation of the individual, the church and the world.

<u>Truth</u> — We believe education pursues truth. NNU explores knowledge, the wonder of God's creative activity, the story of human civilization and the achievements in the arts, sciences and professions. Ultimately, we believe Jesus is the truth incarnate; therefore, we pursue Christ.

<u>Community</u> — We believe education flourishes in community. NNU provides a learning and faith community that teaches, challenges and encourages each other through intellectual and spiritual practices. Within covenantal relationships we express our love for God and others.

<u>Service</u> — We believe education cultivates service. NNU teaches the importance of a life of servanthood as modeled by Jesus Christ. We learn to lead by giving of ourselves to God and humankind.

The Counselor Education Department Assessment Plan reflects these values. Program Objectives related to core themes of the department are identified as follows:

- 1. The Counselor Education Department seeks to educate academically prepared counselors.
- 2. The Counselor Education Department aims to produce counselors who establish and maintain a strong connection to the profession.
- 3. The Counselor Education Department aims to prepare skilled and relationally competent practitioners.
- 4. The Counselor Education Department intends to produce multiculturally competent and socially minded practitioners.
- 5. The Counselor Education Department aspires to prepare dispositionally appropriate counselors who are a good fit for the profession.

The program objectives comprising the conceptual model and themes describing the heart of the NNU program are referred to as the Butterfly Model. The model was conceived as a way of illustrating the concept of program objectives, student learning outcomes, and key performance indicators to students and others. The department embraced a concept that students would need to demonstrate effectiveness in the core in order to have the capability of demonstrating effectiveness in the program standards. The measurement of the core, then, is crucial in the NNU model, and is illustrated by the Butterfly figure found in this section.

The core of the butterfly is dispositions. While CACREP has few standards related to dispositions, the person of the counselor and their appropriateness for the field is believed by the NNU counselor education faculty to be central to competence in performance outcomes. Following are definitions of the butterfly themes.

Critical Analysis

NNU Program Objective: The Counselor Education Department seeks to educate academically prepared counselors.

NNU Value: Truth

Critical Analysis is defined as the capacity to expand knowledge through critical thinking, evaluation, and synthesis of literature and research, as well as developing the capacity to engage with the body of knowledge by conducting original research and utilizing existing research in guiding clinical assessment, planning, and decision-making.

Professional Identity & Development

NNU Program Objectives: The Counselor Education Department aims to produce counselors who establish and maintain a strong connection to the profession.

NNU Value: Transformation

Professional Identity and Development refers to the intentional identity transformation as a professional counselor; including intellectual, social, and experiential engagement in appropriate professional activities and making contributions to the field of counseling.

Relational Knowing

NNU Program Objectives: The Counselor Education Department aims to prepare skilled and relationally competent practitioners.

NNU Value: Community

Relational Knowing is defined as the capacity of the student to cultivate positive, caring professional relationships with individuals, groups, supervisors, colleagues, and peers, as well as exhibit strong social and counseling skills for working within systems and within the broader community.

Social & Cultural Responsiveness

NNU Program Objective: The Counselor Education Department intends to produce multiculturally competent and socially minded practitioners.

NNU Value: Service

Social and Cultural Responsiveness is defined as cultural self-awareness, diverse social awareness, intentional advocacy within appropriate social and professional counseling contexts, and purpose-driven service to the broader culture and the counseling profession.

Dispositions

NNU Program Objective: The Counselor Education Department aspires to prepare dispositionally appropriate counselors who are a good fit for the profession.

Dispositional Inquiry refers to the goodness of fit between the individual, the NNU graduate counseling program, and the overarching field of counseling. This also includes the student's personification of the characteristics of professional helpers, as well as the broader characteristics associated with being spiritually grounded, emotionally healthy, mature adults.

Key Performance Indicators

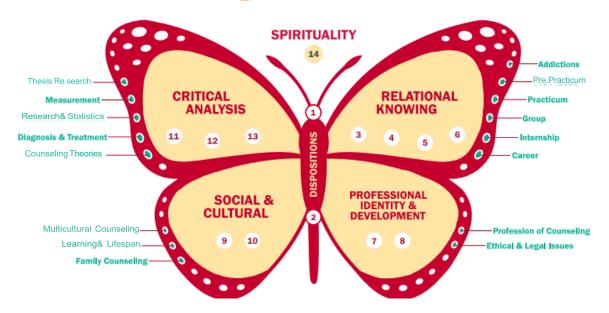
In the core areas and track areas, we have identified 20 key performance indicators (KPIs) in line with the Butterfly Model. The KPIs are listed below:

- **KPI 1:** Students will consistently reflect the characteristics and dispositions befitting a professional counselor.
- **KPI 2:** Throughout the program, students will demonstrate behaviors associated with academic excellence by maintaining a minimum GPA of 3.0.
- **KPI 3:** Students will demonstrate knowledge of theoretical approaches related to individual counseling.
- **KPI 4:** Students will demonstrate application of effective counseling skills.
- **KPI 5:** Students will demonstrate knowledge and skills related to effectively leading counseling groups.
- **KPI 6:** Students will articulate appropriate strategies for understanding career needs and for facilitating career development.
- **KPI** 7: Students will demonstrate an understanding of ethical standards, codes, and practices in counseling.
- **KPI 8:** Students will demonstrate active involvement in various roles and aspects of professional counseling.
- **KPI 9:** Students will effectively explain human growth and development using bio-psycho-socio-cultural theories.
- **KPI 10:** Students will demonstrate the self-awareness, attitudes, knowledge, and skills of multicultural counseling competence and cultural humility.
- **KPI 11:** Students will demonstrate an understanding of the selection and use of assessments in counseling and demonstrate the assessment skills of administration, interpretation, and client/student feedback.
- **KPI 12:** Students will demonstrate the ability to identify, evaluate, and synthesize professional research and literature to inform the practice of counseling.
- **KPI 13:** Students will effectively implement knowledge and skills related to diagnosis and case conceptualization.
- **KPI 14:** Students will demonstrate awareness of their spirituality and the spiritual beliefs of others and demonstrate knowledge of the role that religion/spirituality play in mental health functioning.
- **CMHC KPI 1:** Students will explain the contextual dimensions of the practice of mental health counseling including roles and professional practice.
- **CMHC KPI 2:** Students will demonstrate appropriate skills in the practice of clinical mental health services, including counseling skills, assessment, and interventions.
- MCFC KPI 1: Students will explain the contextual dimensions of the practice of marriage, couple, and family counseling including roles and professional practice.
- MCFC KPI 2: Students will demonstrate the skills to practice ethically with marriage, couples and families to guide them through the treatment process by incorporating appropriate assessments, and interventions.
- **SC KPI 1:** Students will understand the foundation of school counseling models specific to P-12 education and will explain the contextual dimensions of the practice of school counseling, including roles and professional practice.
- **SC KPI 2:** Students will demonstrate skills in the practice of school counseling, including development and evaluation of strategies and interventions to facilitate academic success.

NNU COUNSELOR EDUCATION DEPARTMENT

Conceptual Model

SLO(Student LearningOutcome)



Program Outcomes for Student Knowledge, Skills, and Dispositions

Assessment procedures are presented in narrative format. Assessment results are presented in Table 1. The results depict Summer 2024, Fall 2024, and Spring 2025 data.

Knowledge

We track each student's progress in all classes and review data annually. On a 4.0 rubric scale, we have established that all students must achieve 3.0 or higher on Key Assignments in each class.* Key Assignments are those chosen by the program to measure the Key Performance Indicators that we have developed within the 11 necessary CACREP standards.

General Skills

Practicum site supervisors, Practicum and Internship instructors, faculty triadic supervisors, and faculty site visitors score students on the Relational Rubric. It has 17 categories (scored 1-5), which assess various components such as basic, intermediate, and advanced counseling skills; ethics; cultural sensitivity; treatment planning; and use of theory. Students are expected to score 3.0 or above.* The Relational Rubric is used to assess KPI 4, KPI 13, CMHC KPI 2 and MCFC KPI 2.

Track-Specific Skills

Site supervisors for Interns complete a summative track-specific evaluation at the end of each semester. The Clinical Mental Health Counseling (CMHC) evaluation has 4 items measuring skills in assessment, diagnosis, intervention, and prevention. The Marriage, Couple, and Family Counseling (MCFC) evaluation has 12 items assessing skills in areas such as systemic assessment, counseling skills, and evidenced-based practice. The School evaluation has 13 items assessing skills in areas such use of models, program design and evaluation, and school counseling techniques. Each evaluation is scored 1-4, and students are expected to score 3.0 or above.* Track-specific evals assess CMHC KPI 2, MCFC KPI 2, and SC KPI 2.

Dispositions

The Pre-Practicum instructor as well as Practicum and Internship site supervisors complete the PDCA-R. The PDCA-R can also be completed by any instructor (or student) for students at any stage of the program. It has 10 categories (scored 1-5), which assess various components such as ethics, conscientiousness, openness, and interpersonal skills. Students are expected to score 3.0 or above.* The PDCA-R assesses KPI 1.

* For any total score lower than our established cut-off, we flag this student for discussion at our annual assessment review meeting.

Per CACREP, KPIs must encompass a mixture of knowledge-based and skills-based indicators. Each KPI must be assessed at two different points in time.

Table 1. Assessment of Students' Knowledge, Skills, and Dispositions

KPI	Percentage of students who met minimum standards at point 1	Percentage of students who met		
1	No data at point 1; 100% (Nampa) at point 2; 100% at point 3 (both)			
2	100% (both) summer; 98 % (Nampa) and 100% (Twin) fall; 100% (both) spring			
3	100% (Nampa)	71% (Nampa)		
4	100% (Nampa)	100% (Nampa)		
5	100% (Nampa)	100% (both)		
6	100% (Nampa)	100% (both)		
7	100% (Nampa)	96% (Nampa); 100% (Twin)		
8	100% (both)			
9	92% (Nampa)	97% (Nampa)		
10	92% (Nampa)	96% (Nampa); 100% (Twin)		
11	100% (both)	100% (Nampa); 63% (Twin)		
12	97% (Nampa)	100% (both)		
13	100%	100% (both)		
14	58% (Nampa)	97% (Nampa)		
CMHC 1	100% (Nampa)	99% (Nampa)		
CMHC 2	100% (both)	100% (both)		
MCFC 1	100% (Nampa)	100% (Nampa)		
MCFC 2	100% (both)	100% (both)		
SC 1	100% (Nampa)	100% (Nampa)		
SC 2	100% (both)	100% (both)		

Note: The Twin Falls program is a 3-year cohort model, and they do not take each assessment each year.

KPI 1 is assessed at 3 points.

KPI 2 is assessed every semester.

KPI 8 is assessed only once.

Skills Self-Assessment

During their first semester and last semester, each student is asked to complete a self-assessment (rated 1-4) in which they indicate their ability to perform 39 various skills such as applying appropriate interventions given the presenting concern, self-identifying burn-out, identifying substance abuse issues, counseling a client who does not share the same ethnic background as the counselor, and administering an assessment instrument on which they've received training. On the pre-test, we expect most students to score 2.0 or below.

The Nampa program is not a cohort model, so direct comparison of data is limited. Students entering the program in 2022-2023 averaged a total score of 80 at pre-test, with individual scores ranging from 51-133. Students graduating in 2024-2025 averaged a total score of 112 at post-test, with individual scores ranging from 88-132. Graduates rated their confidence the lowest in designing a program evaluation, collecting and computing data for a research report, designing a research study, and counseling a child. They rated their confidence highest in explaining a client's issue from a theoretical viewpoint, identifying an ethical dilemma, identifying burn-out, and knowing when to consult a supervisor.

The Twin Falls cohort averaged a total score of 77 at pre-test, with individual scores ranging from 42-110. Upon graduation, students averaged a total score of 95 at post-test, with individual scores ranging from 78-120. Graduates rated their confidence the lowest in collecting and

computing data for a research report, presenting at a conference, and leading a workshop. They rated their confidence highest in knowing when to consult a supervisor, counseling a client of low SES, counseling a client of a different gender, counseling a client of a different religious affiliation, and effectively disagreeing with supervisor.

Program Changes Based on Data-Review

When we review the data, we make changes to the program to better meet the needs of students, deliver the necessary content, and increase the utility of our assessment procedures. In addition, we completed our CACREP site-visit and made changes to the program to better align with standards. Changes include:

- Revising our Assessment Plan and creating benchmarks to capture program outcomes instead of solely focusing on student outcomes
- Moving coverage of standards to better align with class content
- Revising content in Clinical Intervention and Prevention
- Creating a protocol to increase communication between faculty and site supervisors in Practicum and Internship
- Reducing the number of questions on the pre-survey and post-survey to eliminate redundancy

Demographic Information

In alignment with Hays' ADDRESSING model, we collect demographic information on applicants, current students, and graduating students in our efforts to recruit and retain a diverse student population (Table 3). The survey for applicants and current students is not mandatory, so the responses do not represent the full demographics of the program.

Table 3. Aggregate Demographics of Current Students, Applicants, and Grads

Characteristic	Nampa Current Students n = 34	Nampa Applicants n = 73	Nampa Grads n = 26	Twin Falls Grads n = 8
Age				
20-29 years	47%	60%	31%	12%
30-39 years	23%	21%	19%	50%
40-49 years	15%	12%	35%	25%
50-59 years	15%	5%	15%	12%
Ethnicity				
Asian American	0%	4%	0%	12%
Biracial / Multiracial	3%	1%	0%	0%
Caucasian	85%	82%	96%	88%
Latin American/Hispanic	6%	7%	4%	0%
Primary Language				
English	100%	99%	96%	88%
Other (Mandarin, Spanish, ASL, respectively)	0%	1%	4%	12%

Religious/Spiritual Affiliation				
Agnostic	20%	4%	4%	0%
Atheist	3%	3%	4%	0%
Buddhist	3%	1%	7%	0%
Catholic	0%	6%	4%	0%
Christian – Evangelical,	15%	41%	19%	12%
Protestant, non-denominational	15,0	1170	1570	1270
Church of Jesus Christ of Latter-	23%	22%	35%	37%
day Saints	2576			2,7,0
Spiritual, not religious	26%	14%	27%	0%
Neither spiritual nor religious	3%	4%	0%	12%
Gender				
Female	70%	72%	65%	88%
Gender expansive / fluid / non-	3%	0%	0%	0%
conforming / transgender				
Male	23%	28%	35%	12%
Sexual Orientation				
Bisexual, Gay, Lesbian, Queer,	24%	11%	7%	12%
Pansexual, Asexual, Questioning				
Heterosexual	68%	84%	88%	62%
Marital Status				
Married / Partnered	53%	48%	73%	75%
Not married – single, divorced,	44%	52%	17%	25%
widowed				
Children				
No children	47%	64%	31%	25%
Children 18 years old and	41%	29%	50%	75%
younger living at home				
Children 19 years old and older	9%	4%	4%	0%
living at home				
Children not living at home	9%	5%	23%	25%
Annual Household Income				
below 18,999	15%	18%	7%	12%
\$19,000 – 45,999	23%	29%	15%	0%
\$46,000 – 75,999	12%	22%	11%	50%
\$76,000 or above	50%	18%	58%	37%
Employment Status				
Not currently employed	6%	11%	13%	12%
Currently a stay-at-home care	6%	7%	Not assessed	Not assessed
provider for family				
Employed part or full-time	88%	79%	87%	88%
Ability				
No differing abilities that require	85%	87%	96%	75%
accommodations				
Differing ability	12%	7%	0%	0%

Note: Due to rounding, percentages may not add to 100%.

The category of "would prefer not to answer" is not included in data presentation.

Categories that scored at 0% amongst all students are not included in data presentation.

The Twin Falls cohort admits every 3 years, so there are no applicants or current students this year.

For "Children," participants could choose multiple categories; thus, the results exceed 100%.

Evaluation of Program Objectives and Preparation in CACREP Core Areas

Each year, we collect responses from students, alumni, and supervisors/employers regarding their perceptions of how well we are meeting our five program objectives. Data is presented in Table 4.

Table 4. Assessment of Program Objectives by Students, Alumni, and

Supervisors/Employers

Supervisors/Employers	C 4° C° 1	D: 4: 6: 1	TT
Objective per Respondent	Satisfied	Dissatisfied	Unsure
The Counselor Education Department (CED) seeks			
to educate academically prepared counselors.	000/	20/	
Total Students/Grads $(n = 68)$	98%	2%	
Nampa Students/Grads $(n = 60)$	98%	2%	
Twin Grads $(n = 8)$	100%		
Alumni $(n = 67)$	100%		
Supervisors/Employers ($n = 44$)	95%		5%
The CED aims to produce counselors who establish			
and maintain a strong connection to the profession.			
Total Students/Grads	98%	2%	
Nampa Students/Grads	98%	2%	
Twin Students/Grads	100%		
Alumni	100%		
Supervisors/Employers	97%		3%
The CED aims to prepare skilled and relationally			
competent practitioners.			
Total Students/Grads	95%	5%	
Nampa Students/Grads	96%	4%	
Twin Students/Grads	86%	14%	
Alumni	100%		
Supervisors/Employers	97%	3%	
The CED intends to produce multiculturally			
competent and socially minded practitioners.			
Total Students/Grads	95%	5%	
Nampa Students/Grads	96%	4%	
Twin Students/Grads	86%	14%	
Alumni	95%	5%	
Supervisors/Employers	97%	3%	
The CED aspires to prepare dispositionally			
appropriate counselors who are a good fit for the			
profession.			
Total Students/Grads	95%	5%	
Nampa Students/Grads	96%	4%	
Twin Students/Grads	86%	14%	
Alumni	100%		
Supervisors/Employers	93%	2%	5%

Note: Due to rounding, percentages may not add to 100%.

An empty cell indicates "0%," but this is not indicated for clarity's sake.

Each year, we collect data from alumni/graduates and supervisors/employers regarding their perceptions of how well-prepared students are in each of the eight CACREP core areas. This information is not gathered from current students because most students continue to complete core coursework up until graduation. Data is presented in Table 5.

Table 5. Preparedness in CACREP Standards per Alum/Grads and Supervisors/Employers

Objective per Respondent	Satisfied	Dissatisfied	Unsure
Professional Orientation and Ethical Practice			
Alumni/Graduates ($n = 105$)	99%	1%	
Supervisors/Employers $(n = 44)$	97%		3%
Social and Cultural Diversity			
Alumni/Grads	96%	4%	
Supervisors/Employers	100%		
Human Growth & Development			
Alumni/Grads	99%	1%	
Supervisors/Employers	97%		3%
Career Development			
Alumni/Grads	96%	4%	
Supervisors/Employers	93%	2%	5%
Helping Relationships			
Alumni/Grads	98%	2%	
Supervisors/Employers	100%		
Group Work			
Alumni/Grads	97%	3%	
Supervisors/Employers	93%	5%	2%
Assessment & Testing			
Alumni/Grads	90%	10%	
Supervisors/Employers	82%	7%	11%
Research and Program Evaluation			
Alumni/Grads	96%	4%	
Supervisors/Employers	90%	3%	7%

Note: Due to rounding, percentages may not add to 100%.

An empty cell indicates "0%," but this is not indicated for clarity's sake.

Summary

The Department of Counselor Education at Northwest Nazarene University is dedicated to teaching and training excellent professionals and practitioners in the fields of Clinical Mental Health Counseling; Marriage, Couple, and Family Counseling; and School Counseling. The Department of Counselor Education embraces a concept that students need to demonstrate effectiveness in the core curriculum in order to have the capability of demonstrating effectiveness in the program standards. Therefore, incorporated into the five program objectives are 20 key performance indicators. We have provided information on our process and outcomes resulting from program assessment and evaluation of our program for the 2024-2025 academic year. We are pleased to announce CACREP re-accreditation through 2033 (with a required progress report).

The faculty of NNU's Counselor Education program are committed to ongoing evaluation and assessment as we endeavor to educate, train, and prepare competent, compassionate, and spiritually grounded counselors to assist members of our diverse society. For more information about Northwest Nazarene University's Counselor Education program please contact Tammy McOmber at TMcOmber@nnu.edu, our Admissions Counselor of Graduate & Professional Studies.

Report Distribution

In order to distribute this annual report to our alumni, community liaisons, university officials and field site supervisors, this report is made available online at the following location https://nnu.edu/academics/undergraduate-studies/academic-departments/counselor-education-department/. A notice that this annual report is available was sent to faculty, students, alumni, administrators, and field site supervisors on October 10, 2025.

The information provided in this report is based on data collected by the Northwest Nazarene University Department of Counselor Education. If you have any questions about the program or the annual report, please contact the Department of Counselor Education.